



FiRE High Performance

September 4, 2018 – April 28, 2019*

For athletes wanting to pursue excellence and be the best they can be – By invitation only.

FiRE High Performance is a new program at the top of our Hitting Hot competitive pathway. It offers a comprehensive approach to tennis development for athletes who are committed to learning to play well and achieving their personal goals in tennis; including collegiate tennis and perhaps beyond. Led by Nesar Nayak, the program has a rigorous curriculum offering at least many hours of comprehensive training each week. USTA tournament participation is integral to the development of high performance players and private lessons are required to complement the program.

FiRE High Performance Components

- ☆ 4 hours/week of on-court tennis training
- ☆ 1 hour/week of tennis related fitness
- ☆ 2 hours/week Sunday match play
- ☆ Effective & personalized private lessons
- ☆ Development planning & goal setting
- ☆ Competitive schedule planning
- ☆ Must be USTA tournament player
- ☆ Specific enrollment criteria in place

NESAR NAYAK, Director & Coach

- Veteran High Performance coach
- USPTA Elite Professional
- USTA Sports Science Competency
- USTA Youth Coaching Certified

Class & Program Schedule

FiRE High Performance 1 (Ages 10 - 14)

Monday & Wednesday 4:30 - 7:00

Tuesday & Thursday 4:30 - 7:00

FiRE High Performance 2 (Ages 13 - 18)

Monday & Wednesday 6:00 – 8:30

Sunday Match Play 6:00 – 8:00

Program Fees

Tuition: \$8,600*

Private Lessons

- 16 Pack \$2,000
- 33 Pack \$4,125
- 33 Pack w/Tennis Director \$4,785

*Each athlete must have a private lesson component. A Custom Pack allows variations in frequency and coaching.

***Classes will not meet on Thanksgiving or during holiday break 12/24/18-1/1/19**

For information and to schedule evaluations contact Jill McCourt or Nesar Nayak at (914) 234-9206 or JillMcCourt@grandslamtennisclub.com; nayak@grandslamtennisclub.com

Grand Slam – Great Tennis, Great Teaching!

Grand Slam Health & Tennis Clubs, Inc Program Registration Form

NAME _____ DOB _____ SCHOOL & GRADE _____

STREET ADDRESS _____ CITY _____ STATE/ZIP _____

HOME PHONE _____ PARENT'S NAME(S) _____

CELL PHONE _____ PARENT'S E-MAIL _____

ATHLETE'S PHONE _____ ATHLETE'S E-MAIL _____

PAYMENT METHOD CHECK (ATTACHED) CREDIT CARD: AMEX MC VISA

CARD # _____ EXP. _____ SECURITY CODE _____

CARDHOLDER NAME _____ BILLING ZIP CODE _____

FiRE HP 1: Day _____ Time _____ FiRE HP 2: Day _____ Time _____

Payment / Refund Policies

Deposit - A \$1,000.00 is required to reserve a spot in the program for the upcoming indoor season. Deposit is refundable until August 1st. After August 1st the deposit is non transferable or refundable.

Early Bird Payment - In the event that a client takes advantage of this payment option and then decides to cancel their reservation they may do so and get a full refund of monies paid prior to August 1st. After August 1st the monies paid will be refundable (less deposit equivalent) up until September 1st. All refunds will be subject to a \$25.00 cancellation fee.

Balance due - In August GBS will invoice the balance due for all junior programs. Payments must be received no later than the 1st day of play.

Refund/ Credit - If a junior must discontinue participation once the season / session is underway; all program fees paid will be held as an in-house credit. This credit may be applied in the future towards any pro shop, court time, play program or instruction purchase for themselves or any other member of their family. Please note that a refund will only be issued if the party moves more than 50 miles from GSB or if the injury in question will prevent them from participating for the rest of the season. Documentation in both cases will be required prior to refund consideration. All refunds/credits after October 1st will be subject to a \$150 cancellation fee.

Make-ups - GSB does not guarantee make-up sessions or credit for sessions missed. Junior program participants may make up four missed sessions per class purchased. All junior make-up sessions must be approved, scheduled through our Tennis Program Director, and completed prior to the end of the season in which they occur.

Parent/Guardian Waiver

I, as the participant and or legal guardian of the participant, understand and am aware that any strenuous physical activity involves certain risks; I hereby assume the risk of any and all accidents and injuries of any kind which may be sustained by me or my child by any reason or in any connection with my or his/her participation in any club program or activity; and I hereby release and discharge Grand Slam Health & Tennis Clubs, Inc., Spectrum Sports, Inc., its partners and their shareholders, directors, officers, agents and employees from any and all actions, causes of action, damages, claims or demands which may arise against Grand Slam Health & Tennis Clubs, Inc., Spectrum Sports, Inc., and any other described parties, for all injuries known or unknown which I, or my children have or may incur by participating in these programs, except to the extent such accident or injury is caused by or results from negligence or willful misconduct Grand Slam Health & Tennis Clubs, Inc., Spectrum Sports, Inc. and any other described parties. Waiver: I, the undersigned have read this release and understand all of its terms. I execute it voluntarily and with full knowledge of its significance.

Signature: _____ Relationship: _____ Date: _____

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