

# EXCEL at Grand Slam Tennis Club



Introducing **EXCEL** at Grand Slam for the 2023-24 Indoor Season  
Sept. 18, 2023 - May 5, 2024 (no classes 11/23/23 & 12/24/23-1/1/24)

The **EXCEL** program is the top of Grand Slam's Junior Tennis Pathway. Designed for dedicated juniors ages 11+ who are looking to take their game to the next level. **EXCEL** offers a comprehensive on-court experience highlighted by the "Hitting Hot" curriculum which was designed by former World #1, Ivan Lendl. Our handpicked staff, directed by Michaela Meszarosova, **will challenge juniors to reach their potential on-court** through a combination of high-level group instruction, mandatory private instruction, weekly strength and agility training, practice time, and much more.

## EXCEL Junior Program Features:

- Athlete progress report (on-court development and fitness assessment)
- Sunday Match Play from 5-7p incorporating UTR
- Complimentary same day walk-on time for all participants
- Supervised Friday warm-up session from 3:30-4:30p
- Tournament planning and periodic match charting
- Mandatory weekly private instruction for Levels 1, 2, and 3
- USTA Tournament competition required for entry into program

**EXCEL Level 1** Twice a week group lesson commitment **\$8,650**

MONDAY	WEDNESDAY
4:00-6:00pm	4:00-6:00pm

**EXCEL Level 2** TUESDAY (mandatory) plus any other weekday.  
Twice per week group lesson commitment **\$9,650**

**EXCEL Level 3** MONDAY (mandatory) plus any other weekday.  
Twice per week group lesson commitment **\$9,650**

*EXCEL Level 2/3 group lesson times includes mandatory strength and agility*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:30-8:00pm	5:30-8:00pm	5:30-8:00pm	5:30-8:00pm

### Private Lesson Requirement - All Levels

15 Pack	30 Pack <i>Better Value</i>	30 Pack w/Director
\$2,400	\$4,650	\$4,950

Contact **Michaela Meszarosova**, EXCEL Director at (914) 234-9206 or  
via email at [mmeszarosova@grandslamtennisclub.com](mailto:mmeszarosova@grandslamtennisclub.com)  
*EXCEL Program Policies: No refunds once play has commenced*